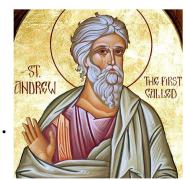
## St. Andrews Day - 30th November

It's St Andrew's Day on the 30 November. He is the patron saint of Scotland. (He is also the patron saint of Romania, Greece, Russia, Ukraine and Poland!)

## Who was Saint Andrew?

We don't actually know a lot about St Andrew. It is believed that he was born between the years 5 AD and 10 AD in a place that is now part of Israel. According to Christianity, he went on to become one of the 12 disciples of Jesus Christ. The disciples were 12 people chosen by Jesus to closely follow him.



Funnily enough, St Andrew never actually stepped foot in Scotland his whole life!

## So why is he the patron saint of Scotland?



There is no one clear tale that answers this question.

One story says that in the 9th Century, King Angus in Scotland was preparing for a battle against the English. St Andrew appeared to King Angus in a dream promising him victory and on the day of the battle, an X symbol appeared in the sky, which was the symbol of St Andrew. He vowed that if they won, St Andrew would be made the patron saint of Scotland - and that is exactly what happened. This is why the Scottish flag has the X-shaped cross on it, as it is St Andrew's symbol.



## How do Scottish people celebrate St Andrew's Day?

Scottish people may celebrate St Andrew's Day in different ways.

Some might mark it by going to a special type of party called a ceilidh - pronounced "kay-lee" - where they do Scottish country dancing.

Traditional food may be eaten, like cullen skink - which is a traditional Scottish fish soup made from smoked haddock...but instead you could try to make some shortbread kilt biscuits!

https://www.foodiequine.co.uk/2015/11/shortbread-kilts-for-st-andrew-day.html

Alternatively, why not design your own tartan: https://clan.com/tartandesigner

What colours would you use, what would they represent?